

C.E. JORDAN HIGH SCHOOL ATHLETICS



GO FALCONS!!!

Parent/Student-Athlete Handbook

Revised July 2019



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Dear Parents and Student-Athletes,

We would like to welcome you to C.E. Jordan Athletic Program! We believe that participation in sports provide a wealth of opportunities and experiences, which assist students in personal adjustments.

The Jordan High School Athletic Handbook is a reference guide for student athletes and parents, concerning the policies that govern interscholastic athletics at Jordan High School. The coach of an athletic team reports to the Athletic Director and is primarily responsible for the compliance by his/her team members to the rules, regulations, and policies governing athletics at Jordan High School.

We believe in the development of young men and women through athletics. We feel that a properly controlled, well-organized sports program meets student's needs for self-expression, mental alertness, and physical growth. It is our hope to maintain a program that is sound in purpose and will further each student's educational maturity.

Interscholastic athletics is a voluntary program. Students are not obligated to participate, thus, participation in school athletics is a privilege and not a right. Accompanying this privilege is the responsibility to adhere to standards established for Jordan athletics. This privilege may be revoked if the athlete fails or refuses to comply with these rules. It should be carefully noted that the policies and procedures detailed in this handbook are reflective of official action by Durham Public Schools, Jordan Administration, and Staff.

It is the role of the department of athletics to make rules that govern their spirit of competition for the school. These rules need a broad basis of community support, which is achieved only through communication to the parent. It is our hope to accomplish this objective through this athletic publication for students and parents.

Thank you very much for taking the time to read the athletic handbook. It will not only allow you to become familiar with our policies and procedures, it will also allow for a smooth transition for you as a new or continued member of the Jordan athletic program.

Should you have any questions or concerns, please feel free to contact any member of the Jordan Athletic Department.

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MISSION STATEMENT

The mission of Jordan Athletics is to aid in the academic, emotional, and physical development of our students through the promotion of teamwork, sportsmanship, and athletic competition. The Jordan High School Athletic Program will provide a variety of experiences to aid in the development of favorable habits and attitudes in students that will prepare them for an adult life in a democratic society.

OBJECTIVES

Through participation in interscholastic activities, Jordan High School student-athletes shall learn:

1. **To work with others** – The team and its objectives must be placed higher than personal desires.
2. **To be successful** – By striving to win with dedication and a desire to excel.
3. **To develop sportsmanship** – To accept any defeat like a true sportsman, knowing we have done our best.
4. **To improve** – Establishing goals to enhance skills and constantly trying to obtain them.
5. **To enjoy athletics** – To enjoy participation and to give sufficiently of themselves in order to preserve and improve the program.
6. **To promote desirable personal health habits** – To develop the desire to maintain a healthy level of physical fitness after formal competition.





ATHLETIC ELIGIBILITY

In order to participate on an athletic team, a student must be both academically and medically eligible. These standards are established by the North Carolina High School Athletic Association and Durham Public School policies. For more details on eligibility, please refer to the NCHSAA handbook online at <https://www.nchsaa.org/students-and-parents/rules-and-regulations>. Reference numbers are located below.

Academic Eligibility

1. **Initial Entry:** A student may participate in athletics at any member school upon initial entry into ninth grade provided they meet applicable NCHSAA and local Board of Education eligibility requirements. **(Reference 1.2.1)**
2. **Attendance:** Must have been in attendance for at least 85% of the previous semester at an approved school (no more than 13.5 days of absence). **(Reference 1.2.5)**
3. **Age:** Must be under 19 years of age on or before August 31, 2019 **(Reference 1.2.3)**
4. **Scholastics:** A student must have passed a minimum load of work during the preceding semester to be eligible at any time during the present semester. The semester is normally considered half of the academic year. All students must also meet local promotion standards, set by the LEA and/or the local school. (Jordan A/B day 6/8 passed) **(Reference 1.2.6)**
5. **Eight Semester Rule:** No student may be eligible to participate at the high school level for a period lasting longer than eight consecutive semesters, beginning with the student's first entry into ninth grade or an overaged seventh or eighth grade student's participation on a high school team, whichever occurs first. **(Reference 1.2.7)**

TICKET TO PLAY

Student-athletes will need to both register online at <https://www.dpsnc.net/domain/626> and submit forms listed below. All form must be submitted to the AD or Athletic trainer.

1. Pre participation exam (Health exam)
2. Concussion: Student-athlete Form/Parent Legal Custodial Form
3. HIPPA Release
4. Complete Durham Public Schools Assumption of Risk/Medical Treatment Release Form.
5. Address Verification form



ATHLETIC OPPORTUNITIES

<u>FALL</u>	<u>WINTER</u>	<u>SPRING</u>
Men's and Women's Cross Country	Men's and Women's Basketball	Baseball
Football	Men's and Women's Indoor Track	Men's Golf
Men's Soccer	Men's and Women's Swimming	Men's and Women's Lacrosse
Women's Tennis	Wrestling	Women's Soccer
Volleyball		Softball
Cheerleading		Men's Tennis
Women's Golf		Men's and Women's Track
Gymnastics		
Field Hockey		

WHY ATHLETICS?

Research shows that students involved in extracurricular activities have a greater chance of being successful during adulthood. Many of the positive character traits required as a participant in athletics are exactly those that will promote a successful life beyond high school.

Interscholastic Athletics Promote Teaching and Learning

Higher Graduation Rates	Encourages Teamwork	Better Attendance
Teaches Sportsmanship	Lower Discipline Rates	Increases Self-Discipline
Build School Spirit	Improve Self-Esteem	Instills a Sense of Pride



ATHLETIC DEPARTMENT EXPECTATIONS, PRACTICES, & POLICIES

Student-Athletes

A. PARTICIPATION

All students at Jordan High School are encouraged to participate in as many sports per year as they choose.

B. RISK OF PARTICIPATION

All athletes and parents must realize the risk of serious which may be the result of athletic participation. Jordan High School will use the following safeguards to make every effort to eliminate injury:

- i.** Conduct a mandatory parent/athlete meeting prior to the start of the season to fully explain the athletic policies and to advise, caution and warn parents/athletes of the potential for injury.
- ii.** Maintain a continuing education program for coaches to learn the most up-to-date techniques and skills to be taught in their sport.
- iii.** Instruct all athletes about the dangers of participation in their particular sport.

C. FELONY POLICY

6. Any student who is subject to the NCHSAA eight semester rule who
(Reference 1.2.12)

- i.** Is convicted of a crime classified as a felony under North Carolina or federal law; or
- ii.** Is adjudicated delinquent for an offense that would be a felony if committed by an adult, is not eligible to participate in the North Carolina High School Athletic Association sports program.



D. INSURANCE

Durham Public Schools provides catastrophic insurance coverage for all middle and high school students and coaches participating as a team member in any interscholastic competition sanctioned by the NC High School Athletic Association, including practices, game related activities and related travel. Coverage is provided for related medical expenses in excess of \$25,000 up to \$1 million.

E. EQUIPMENT

Uniforms- In several sports, athletes will be required to purchase a portion of the game uniform, which will become their property.

Equipment- All athletes are responsible for the proper care and security of equipment issued to them. School supplied equipment is to be worn only for school sanctioned contests and practices. All equipment not returned in good condition at the end of the season will be subject to financial penalty at replacement cost.

F. LOCKER ROOM REGULATIONS

Students security and safety in the locker rooms is priority for the coaching staffs. Each student- athlete is responsible for assisting the team in keeping the locker room areas clean, safe, and secure.

- i. Rough-housing and throwing towels or other objects are not allowed
- ii. Hazing of other players is not allowed
- iii. All showers must be turned off
- iv. No one except the coaches and assigned players are allowed in the locker rooms
- v. Report any missing items to your coach or administrator immediately



G. LANGUAGE

Profanity will not be tolerated at any time!

H. TEAM SELECTION

In accordance with our mission of athletics and our desire to see as many students as possible participate in the athletic program while at Jordan High School, we encourage coaches to keep as many students as they can without unbalancing the integrity of their sport. Time, space, facilities, equipment, personal preferences and other factors will place limitations on the most effective team for any particular sport. Prior to trying out, the coach shall provide the following information to all candidates for the team:

- i. Extent of try-out period
- ii. Criteria used to select the team
- iii. Number to be selected
- iv. Practice commitment
- v. Game commitments

CHOOSING THE MEMBERS OF ATHLETIC TEAMS IS THE SOLE RESPONSIBILITY OF THE COACHES OF THOSE TEAMS

Parents

A. TRAVEL

All athletes must travel to and from athletic contests in transportation provided by the athletic department unless previous arrangements are made by the parents.

- i. Athletes will remain with their team and under the supervision of the coach when attending away contest.
- ii. All regular school bus rules will be followed



- iii. Dress appropriately

B. REPORTING OF INJURY

All injuries which occur while participating in athletics should be reported to the trainer and coach. If the injury requires medical attention by a doctor or treatment center, it will be necessary to have an injury form completed. Once athletes are treated by a physician, the athlete must obtain the doctor's and/or trainer's permission to return to activity.

C. INDIVIDUAL COACHES RULES

Coaches may establish additional rules and regulations with the approval of the Athletic Director and Principal for their prospective sports. These rules as pertaining to a particular sport must be given by the coach in writing to all members and explained fully at the start of the season. Penalties for violation of team rules will also be in writing and shall be administered by the coach.

D. COMMUNICATING WITH COACHES

Jordan's Athletic Department strives to have an open line of communication between parents and coaching staff. We do ask that any parental concerns be handled in the appropriate manner. Below are guidelines and protocol that should be followed if you have a concern:

Step 1: One of the greatest opportunities for student-athletes is learning skills for effective conflict resolution. When there is a concern, student-athletes are encouraged to speak with their coach directly.

Step 2: If the coach and student-athlete are unable to resolve the issue together, then parents may contact the coach.

Step 3: If the discussion with the coach does not resolve the issue, parents and coaches may contact the Athletic Director to discuss the situation further.



Appropriate Concerns to Discuss with Coaches

- ❖ Treatment of your student-athlete
- ❖ Ways to help your student-athlete
- ❖ Concerns about your student-athlete’s behavior
- ❖ Concerns about your student-athlete’s academic performance

Concerns NOT Appropriate to Discuss with Coaches

- ❖ Playing time
- ❖ Play calling and game strategy
- ❖ Other student-athletes

E. 24 HOUR RULE

An upset parent should wait at least **24 hours** before approaching a coach or parent after an athletic event. **Please do not approach a coach immediately before, during, or after a practice or a game.** Taking this time to reflect on the situation, as well as honest and respectful communication should allow for more effective dialogue ensuring a more successful experience for everyone.

F. JORDAN ATHLETICS SPORTSMANSHIP POLICY

Students and Spectators represent the school, as does a member of a team. Student-athletes and parents sign the sportsmanship pledge every academic year. Sportsmanship/Ejection Policy (Reference 2.5.6 & 2.5.7)

**Inappropriate Behavior from Parents/Fans Can be
Trespassed from Durham Public Schools Property.**

G. ATHLETIC AWARDS POLICY

The varsity award shall be presented to an athlete who satisfies the participation requirements of his/her respective coach, completes all team obligations and receives the recommendation of the coach.

1. Varsity Awards:



- a. 1st year award: Chenille award letter with gold medal insert signifying the sport and certificate. (Note: should the athlete letter in another sport, he/she will not receive a second chenille letter).
- b. 2nd year award: Gold medal insert and certificate.
- c. 3rd year award: Gold medal insert and certificate.
- d. 4th year award: Gold medal insert and certificate.

2. Junior Varsity and Managers Awards:

- a. Participation certificate

H. ATHLETIC WEBSITE

All athletic information will be posted on the athletic page of Jordan High School website at www.dpsnc.net/jordan & <https://nc.8to18.com/JordanHS>. The information found on the website will include: sports schedules, athletic forms, coaches' information, and other athletic department information pertinent to athletics at Jordan High School

I. NCAA/RECRUITMENT

All student-athletes interested in participating in college athletics at the Division I or Division II level must be registered with the NCAA Initial - Eligibility Center. Visit the NCAA Eligibility Center website at www.ncaa.org. It is also important to speak to your guidance counselor to make sure your child is on the correct track for eligibility.



STUDENT ATHLETE CODE OF CONDUCT

A firm and fair policy of enforcement is necessary to uphold the regulations and standards of the athletic department. The community, school administrators, and coaching staff feel strongly that high standards of conduct and citizenship are essential in maintaining a sound program of athletics. The welfare of the students is our major consideration and transcends any other consideration.

All athletes shall abide by the code of ethics which will earn them the honor and respect that participation and competition in the interscholastic program affords. Any conduct that results in dishonor to the athlete, the team or school will not be tolerated. Acts of unacceptable conduct, such as, but not limited to theft, vandalism, disrespect, violations of the law, and hazing tarnish the reputation of everyone associated with the athletic program and will not be tolerated.

Student athletes of Jordan High School shall not possess, use, sell, give, or otherwise transmit, or be under the influence of any drug, or counterfeit drug, the possession of which is prohibited by law. This includes narcotics, hallucinogenic drugs, alcohol, amphetamines, steroids, cocaine or intoxicants of any kind. The use or possession of any tobacco product is also prohibited.

Any student-athlete guilty of possession of drugs with the intent of distribution or selling will be banned from athletic participation at Jordan High School

This policy will be subject to enforcement and/or disciplinary action by the athletic department and administration during a student's participation in athletics at the high school level.

Notwithstanding the consequences for violation of the Athletic Code of Conduct which follows, the Athletic Director or other person designated by the principal may exclude the student athlete from all athletic participation for a violation which involves the selling or distributing of any quantity of illegal drugs, counterfeit drugs or controlled substances.



JORDAN ATHLETICS DRUG AND ALCOHOL POLICY

I will not sell, distribute, use, or possess any alcohol, tobacco, recreational or illegal drugs throughout my athletic career at Jordan High School. I accept this agreement as morally binding and will honor each item in this agreement. Breaking this agreement will be grounds for actions indicated below, as well as, possible consequences for violating the DPS student code of conduct. I understand that any individual selling or under the false pretense of selling drugs will lose all athletic eligibility and will not be allowed to participate on any athletic team at Jordan High School.

ALCOHOL, RECREATIONAL DRUG, ILLEGAL DRUG OFFENSES

1st Offense:

1. Suspension of 20% of regular season games. If during the playoffs, suspension of 20 % of playoff contest.
2. Parent conference at JHS with Head Coach before participating in practices or games.
3. Suspension from practices at coach’s discretion.

2nd Offense:

1. Suspension from 40% of the number of regular season games. If during the playoffs, suspension from 40% of playoff contest.
2. Parent conference at JHS with Head Coach before participating in practices or games.
3. Suspension from practices at Coach’s discretion.

3rd Offense: Ineligible for the remainder of athletic career at Jordan High School.

Selling Drugs: Ineligible for entire career at Jordan High School.

TOBACCO OFFENSES

1st Offense: Parent conference at Jordan High School with Head Coach before participating in practices or games.

2nd Offense: Parent conference at Jordan High School with Head Coach. Suspension for 1 game and practice suspension at Coach’s discretion.

3rd Offense: Suspension for 2 games for each offense and practice suspension at coach’s discretion.

Signature of Athlete _____ Date _____

Signature of Parent _____ Date _____



STUDENT-ATHLETE SOCIAL MEDIA CONTRACT

As a student-athlete at Jordan High School, you are a representative of the school and are **ALWAYS** in the public eye whether you think so or not. As a student-athlete, you are held to a higher standard than other students on campus. Please keep in mind the following guidelines below as you participate on the various Social Media sites.

REGULATIONS

Jordan Athletics recognizes athletes' right to actively participate in social media however it maintains and will enforce the following expectations of athletes:

- Student-Athletes will not post sexist, racist, obscene or profane material of any kind.
- Student-Athletes will not use social media to degrade, demean, or attack any person or school.
- Student-Athletes will not post material relating to acts in violation of any Federal or State laws, DPS or JHS policies, or team rules.
- Student-Athletes will not post material which reflects negatively on themselves, Jordan High School, their respective teams or other schools.

Failure to abide by these social media rules will result in disciplinary actions taken by the athletic department. In addition, some offenses (based on DPS student code of conduct) may result in disciplinary action by the administrative team.

- **1st Offense:** Asked to delete the post, written apology
- **2nd Offense:** Post deletion, written apology, suspension from team for 3 days
- **3rd Offense:** Post deletion, written apology, suspension from team for 1 week
- **4th Offense:** Permanent suspension from the team

Student Athlete's Signature _____ Date _____

Parent's Signature _____ Date _____