

DPS Spring 2024 K-8 Lunch Menu – Carb Counts

Monday	Tuesday	Wednesday	Thursday	Friday
Fruit Juices (Middle Schools) 100% Apple Juice – 14 100% Fruit Punch – 15 100% Orange Tang. Juice - 17	Daily Alt. Entrees Wowbutter Sandwich – 53 Turkey & Cheese Wrap – 34 Crispy Chicken Chef Salad - 35		February 1 Choice of Entrée: Chicken Salad Sandwich 32 or Mozzarella Cheese Bites 28 w/Marinara 4 On the Side: Sweet Potato Fries 18 Steamed Broccoli 5 Bananas 29	February 2 Choice of Entrée: Assorted Pizza 37 Or Chicken Fillet Sandwich 43 On the Side: French Fries 18 Tossed Salad 4 Peaches 13
February 5 Choice of Entrée: Vegetable Lo Mein 55 w/Edamame 9 Or Popcorn Chicken 13 w/roll 28 On the Side: Steamed Broccoli 5 Glazed Carrots 18 Spiced Apples 23	February 6 Choice of Entrée: Steak & Gravy 5 Or Sloppy Joe Sandwich 44 On the Side: Sweet Potato Fries 18 BBQ Baked Beans 33 Blueberry Cobbler 70	February 7 Choice of Entrée: Southwestern Salad w/Tortilla Chips 37 Or Cheeseburger 33 /Black bean Burger 46 On the Side: Green Beans 5 Mexicali Corn 16 Pears 18	February 8 Choice of Entrée: Corn Dog Nuggets 30 Or Meatball Sub 44 On the Side: Baby Carrots 7 w/Dip 2 Lima Beans 22 Bananas 29	February 9 Choice of Entrée: Assorted Pizza 37 Or BBQ Chicken Sandwich 41 On the Side: French Fries 18 Cole Slaw 6 Peaches 13
February 12 wk 1 Choice of Entrée: Mozzarella Cheese Bites 28 with Marinara 4 Or Hot Dog on a Bun 34 On the Side: Sweet Potato Fries 18 BBQ Baked Beans 33 Spiced Apples 23	February 13 Choice of Entrée: Chicken Nuggets 16 w/roll 28 Or Turkey and Cheese Wrap 35 On the Side: Mashed Potatoes 14 Seasoned Collard Greens 8 Apple Cobbler 54	February 14 Choice of Entrée: Queso Chili Pasta 46 w/breadstick 26 or Chicken Parmesan Sandwich 46 On the Side: Steamed Corn 16 Baby Carrots 7 w/Dip 2 Pears 18	February 15 Choice of Entrée: Scrambled Eggs 3 Sausage Links 1 Choice of Biscuit 28 or Waffle 12 On the Side: 100% Vegetable Juice 23 Tossed Salad 4 Bananas 29	February 16 Choice of Entrée: Assorted Pizza 37 Or Popcorn Chicken 13 w/Roll 28 On the Side: Mixed Vegetables 15 Seasoned Turnip Greens 8 Peaches 13
February 19 Choice of Entrée: Chicken Cheesesteak Nachos 51 or Fiesta Bean Nachos 62 On the Side: California Blend Veggies 5 Sweet Potato Fries 18 Spiced Apples 23	February 20 Choice of Entrée: Beef Meatballs w/ Gravy 7 Or Rotisserie Chicken 0 On the Side: Dinner Roll 28 Mashed Potatoes 14 Savory Carrots 12 Peach Cobbler 53	February 21 Choice of Entrée: Baked Spaghetti 41 Or Popcorn Chicken 13 On the Side: Garlic Texas Toast 14 Green Beans 5 Pears 18	February 22 LOCAL DAY Choice of Entrée: NC BBQ Chicken Or Loaded Baked Potato 40 On the Side: Dinner Roll 23 NC Sweet Potato Oven Fries 18 NC Greens 8 Banana 29	February 23 Choice of Entrée: Assorted Pizza 37 On the Side: Mexicali Corn 16 Tossed salad 4 Peaches 13
February 26 Choice of Entrée: Walking Tacos 44 Or Hot Dog on Bun 34 On the Side: Pinto Beans 26 Mexicali Corn 16 Spiced Apples 23	February 27 Choice of Entrée: Beef Macaroni and Cheese 29 or Chicken nuggets 16 On the Side: Dinner Roll 28 Steamed Broccoli 5 Lima Beans 22 Strawberry Cobbler 58	February 28 Choice of Entrée: Chicken Fillet Sandwich 43 or Build your own Pizza Kit 33 On the Side: Glazed Carrots 18 Green Peas 14 Pears 18	February 29 Choice of Entrée: Chicken Salad Sandwich 33 Or Mozzarella Cheese Bites w/ Marinara 28 On the Side: Sweet Potato Fries 18 Tossed Salad 4 Banana 29	