# Child's Seizure Action Plan

<table>
<thead>
<tr>
<th>Date of Birth: _____________</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent: ____________________</td>
</tr>
<tr>
<td>Physician: __________________</td>
</tr>
<tr>
<td>Physician Signature: __________________</td>
</tr>
</tbody>
</table>

## Seizure Information

<table>
<thead>
<tr>
<th>Seizure Type</th>
<th>Length</th>
<th>Frequency</th>
<th>Description</th>
</tr>
</thead>
</table>

Seizure triggers or warning signs: ____________________  
Response after seizure: ____________________  

## Special Considerations and Precautions:
(activities, trips, diet)

## Treatment

- **Absence**
  - 1. Stay with the child during and after the seizure. Although the child may appear conscious, he/she may lose awareness of surroundings.
  - 2. Be prepared to assist child to the floor if he loses consciousness.

- **Atonic**
  - Special Instructions:

- **Complex Partial**
  - Special Instructions:

- **Infantile Spasms**
  - Special Instructions:

- **General Tonic/Clonic**
  - Special Instructions:
  - 1. Do not restrain movement. Let the seizure run its course.
  - 2. Turn child on side. Loosen the child’s collar.
  - 3. Do not place anything in the mouth. Remove hard, sharp objects from the area.
  - 4. If possible turn head to the side in the event he/she vomits. (Use “Universal Precautions” if child vomits.)
  - 5. Observe, note time & be prepared to describe the pattern of the seizure.
  - 6. Record details as they occur, or as soon as possible thereafter.
  - 8. When seizure is over, allow the child to rest.
  - 9. Stay with the child until fully recovered or parent arrives.

## Administer Emergency Medication:

Diastat order: ____________________  

Vagus Nerve Stimulator? □ Yes □ No  
If Yes, describe magnet use: ____________________  

## Emergency Response

Call 911 if:
- the seizure lasts more than ______ minutes, or
- the child has a continuous seizure, or
- the child remains unconscious after the seizure, or
- he or she is having difficulty breathing, or
- any injury resulted from the seizure.

Call 911!