

# Meet the Mentors



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## About H.E.R Majesty

The goal of H.E.R Majesty is to heal every relationship that young women will encounter. We plan to promote self-love, confidence, healthy boundaries, and overall healthy minds. By embracing these values, every young woman will be ready to take the throne. We will meet 3 times a week Monday, Wednesday, and Thursday 4:00-5:00 PM.

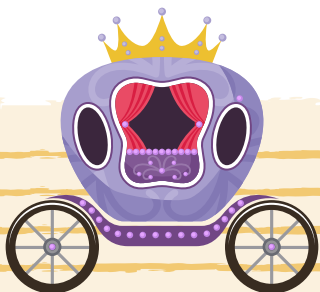
### Goals

- \* Create healthier relationships with emotions
- \* Have guidance on topics that girls may be experiencing
- \* Help improve confidence and self-esteem and create open dialogue

### How to Sign Up

Sign up your daughter for Encore and request to be a part of H.E.R Majesty.

“Education is one thing that no one can take away from you.”





# Disclaimers

Consent forms for the content of certain topics will be sent to parents beforehand. We understand that some topics are sensitive, so we want your approval. If you do not want your daughter in the class when we discuss a specific topic, that is perfectly okay! We plan to have professionals in the designated fields come to speak to the girls on some sensitive topics. We will be sure to update you when the time comes.

## Topics

- Healthy friendships
- Etiquette
- Public speaking
- Entrepreneurship
- Goal setting
- Self esteem
- Hygiene (including feminine hygiene specifics)
- Romantic relationships (including sex)
- Mental health
- Identity
- Goal setting
- Familial relationships
- Bullying
- Peer Pressure
- Setting boundaries

