




## Monday, Monday, Monday! Student/Family How-To Guide

The start of the 2020-2021 school year is here! We know there are many questions regarding how our students will access their classes and know where to go on Monday, August 17. Please refer to this document to make sure our students are in the right place, at the right time!

1. Log in to: [my.ncedcloud.org](https://my.ncedcloud.org)
2. Select the Canvas launch icon 
3. Once in Canvas, your student should see icons or “cards” for each of their classes.
4. Using their schedule as a guide, they will choose their first class of the day.
  - 6th grade: Elective A
  - 7th grade: Core 1
  - 8th grade: Core 1
5. In that Canvas Course, students will have access to the Zoom link for class.
6. Students will join the Zoom using the link provided.

**\*\*The first class of the day begins at 8:00am\*\***

Throughout the day, students will follow their schedule to select the Canvas course and access Zoom links for each class. Grade level schedules are included on the following page.

<b>6th Grade</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	6th grade	6th grade	6th grade	6th grade	6th grade
7:30 - 8:00	Office Hours	Office Hours	Wellness	Office Hours	Office Hours
8:00 - 8:45	Elective A	Elective B	Wednesdays Wellness	Elective A	Elective B
9:00 - 9:45	Intervention	Intervention	Wednesdays Wellness	Intervention	Intervention
10:00 - 10:45	Core 1	Core 1	Wednesdays Wellness	Core 1	Core 1
11:00 - 11:45	Core 2	Core 2	Wednesdays	Core 2	Core 2
11:45 - 12:30	<i>Lunch Break</i>	<i>Lunch Break</i>	<i>Lunch Break</i>	<i>Lunch Break</i>	<i>Lunch Break</i>
	<i>Physical Activity</i>	<i>Physical Activity</i>		<i>Physical Activity</i>	<i>Physical Activity</i>
	<i>Social/Emotional</i>	<i>Social/Emotional</i>	Wellness Wednesdays	<i>Social/Emotional</i>	<i>Social/Emotional</i>
12:30 - 1:15	Core 3	Core 3	Wellness Wednesdays	Core 3	Core 3
1:30 - 2:15	Core 4	Core 4	Wellness	Core 4	Core 4
2:15 - 3:00	Office Hours	Office Hours	Wednesdays	Office Hours	Office Hours

<b>7th Grade</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	7th grade	7th grade	7th grade	7th grade	7th grade
7:30 - 8:00	Office Hours	Office Hours	Wellness	Office Hours	Office Hours
8:00 - 8:45	Core 1	Core 1	Wednesdays Wellness	Core 1	Core 1
9:00 - 9:45	Core 2	Core 2	Wednesdays Wellness	Core 2	Core 2
10:00 - 10:45	Elective A	Elective B	Wednesdays Wellness	Elective A	Elective B
11:00 - 11:45	Intervention	Intervention	Wednesdays	Intervention	Intervention
11:45 - 12:30	<i>Lunch Break</i>	<i>Lunch Break</i>	<i>Lunch Break</i>	<i>Lunch Break</i>	<i>Lunch Break</i>
	<i>Physical Activity</i>	<i>Physical Activity</i>		<i>Physical Activity</i>	<i>Physical Activity</i>
	<i>Social/Emotional</i>	<i>Social/Emotional</i>	Wellness Wednesdays	<i>Social/Emotional</i>	<i>Social/Emotional</i>
12:30 - 1:15	Core 3	Core 3	Wellness Wednesdays	Core 3	Core 3
1:30 - 2:15	Core 4	Core 4	Wellness	Core 4	Core 4
2:15 - 3:00	Office Hours	Office Hours	Wednesdays	Office Hours	Office Hours

<b>8th Grade</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	8th grade	8th grade	8th grade	8th grade	8th grade
7:30 - 8:00	Office Hours	Office Hours	Wellness	Office Hours	Office Hours
8:00 - 8:45	Core 1	Core 1	Wednesdays Wellness	Core 1	Core 1
9:00 - 9:45	Core 2	Core 2	Wednesdays Wellness	Core 2	Core 2
10:00 - 10:45	Core 3	Core 3	Wednesdays Wellness	Core 3	Core 3
11:00 - 11:45	Core 4	Core 4	Wednesdays	Core 4	Core 4
11:45 - 12:30	<i>Lunch Break</i>	<i>Lunch Break</i>	<i>Lunch Break</i>	<i>Lunch Break</i>	<i>Lunch Break</i>
	<i>Physical Activity</i>	<i>Physical Activity</i>		<i>Physical Activity</i>	<i>Physical Activity</i>
	<i>Social/Emotional</i>	<i>Social/Emotional</i>	Wellness Wednesdays	<i>Social/Emotional</i>	<i>Social/Emotional</i>
12:30 - 1:15	Elective A	Elective B	Wellness Wednesdays	Elective A	Elective B
1:30 - 2:15	Intervention	Intervention	Wellness	Intervention	Intervention
2:15 - 3:00	Office Hours	Office Hours	Wednesdays	Office Hours	Office Hours