



Southwest Snapshot

December 12th, 2020



Currently have Spring Learning Preference forms from 65% of our students, thank you parent for filling out the form! If you have not filled out the form, please complete the form by **Friday**.

[Click here to complete the Learning Preferences Form](#)



Winter Break is from December 19th – January 3rd.

Monday, January 4th is an asynchronous (independent, no Zoom) day for students. Live instruction begins on Tuesday, January 5th.



This month DINE is celebrating Dairy December to help students and families learn more about the dairy food group! Dairy products like milk, yogurt, and cheese contain important nutrients like protein and calcium that help build strong and healthy bodies. Have you ever picked up a meal at the school meal distribution sites and don't know what to do with the milk you receive?

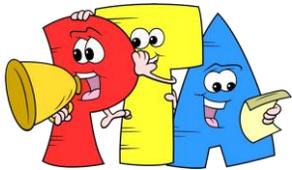
Here are some ideas to help:

1. The DINE attachment handout has milk recipes, facts and cooking tips in English and Spanish.
2. Check out the weekly DINE cooking video from the DINE [YouTube playlist](#). So far, they have a [milk trivia and pudding](#) demo video and a [peanut butter banana smoothie](#) demo

As a reminder, DPS provides meals at no cost to all children in Durham. Details including times and locations can be found here - <https://www.dpsnc.net/Nutrition>

Midyear School Supply Drive

We aren't sure what 2021 will bring but no matter what, many kids start to run out of supplies midyear. The PTA is sponsoring a school supply drive to help our kids kick off the new year with all the things they'll need to succeed. If the district returns to in person instruction, we will allocate the supplies for classrooms and at home use accordingly



If you'd like to help support our Seahawk families, you can visit our Midyear School Supplies Drive Amazon Wishlist at the link below. **Place your orders by Tuesday, January 5th** and don't forget to shop at smile.amazon.com and link your account to Southwest for an added bonus for the school! If you buy from another store (Target, Walmart, etc), you can mark an item as purchased on the Amazon Wishlist and reach out to the PTA at pta.swedurhamnc@gmail.com to arrange for drop off of your donation. THANK YOU! <https://bit.ly/SWESupplies>