

Durham School Health Advisory Committee Meeting

AGENDA

October 27, 2021; 12:30-2pm

Attendees: Raina Goldstein Bunnag, Jim Keaten, Jasmine St. Denny, Kia Campbell, Michael Somers, Teresa Stafford, Erin Carroll, Elizabeth Sims, Deborah Pitman, Morgan Medders, Becky Pope, Jess Bousquette, Jamie Mancuso, Natalie Beyer, Mel Downey-Piper, Tricia Howard, Ashley Bass Mitchell, Kim Monroe, Jen Meade, David Hackney

| WHAT | TIME | NOTES |
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| <p>Welcome and introductions (Mel Downey-Piper)</p> | 20 | <p>Please state your:</p> <ul style="list-style-type: none"> • Name • Group you represent (eg. organization/school/parent/student) • Favorite Halloween costume <p>Mel is stepping down as a co-chair and thanked everyone. Raina will be taking more of a leadership role and Brittney McCoy will likely be the DPS staff person who will send out meeting announcements and invites.</p> |
| <p>DPS Wellness Policy – Regs and Procs Update</p> <ul style="list-style-type: none"> • Nutrition (MM) – 7 min • Mental Health (MS) – 7 min • Physical Activity (DH) – 7 min | 30 | <p>Objective: Learn about each group’s progress (21 min). Setting a timeline and end date for everything to be finalized (9 min).</p> <p><i>Nutrition</i> – used the previous R&P document, compared it with the new goals, ensured they were now addressed. There are three sections:</p> <ol style="list-style-type: none"> 1) Nutrition Education – role with SHAC, overview of curriculum, developmentally appropriate, culturally relevant, marketing (to ensure compliance with USDA standards) 2) Nutrition Standards – fundraisers 3) Other School-based Activities – Smart Snacks (includes before and after school), not used as a reward or punishment; appendix <p><i>Mental Health</i> – linked it to the strategic plan, training for staff, SEL, how can we fit in outdoor spaces for learning? Culturally responsive vs affirming</p> <p><i>Physical Education</i> – this will be presented next month</p> |
| <p>Recruiting young people (Armenous + group)</p> | 25 | <p>Discuss recruitment plan at November. Jess asked - Would working with the Office on Youth's Youth Ambassador program help us with recruitment?</p> <p>From previous minutes: The group is ready to launch the application for students. Armenous will be fielding any questions. The goal is to select as many youth as possible to start in the fall. Chip S. can send out a message; students on text can receive it. Make a google form.</p> <ul style="list-style-type: none"> -Recruitment plan -Setting dates -Onboarding – maybe during the summer? |

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| | | -Start date for youth - September |
| Announcements | 10 | <p>Discussion about one choice lunch. Food shortages are occurring nationally (can't get chicken, juice, pizza) so there have been waivers so that there's just one entrée selection per day. Now DPS is unable to set a consistent menu but schools are still meeting dietary guidelines. For students with special dietary needs, the Nutrition goes out to the stores to purchase those. It sounds like some schools are communicating changes that haven't been approved by the Nutrition Dept.</p> <p>What should recommendations be for dietic students? Connect with Becky about carb counting. DPS can start compiling carb counts for all meals.</p> <p>Dates for SHAC meetings this year (12:30-2pm) 11/17, 12/15, 1/19*, 2/16, 3/16, 4/20, 5/18</p> |