



# DPS School Nutrition Services (SNS)

## YEAR-END REPORT 2015-16

SNS Director's Signature: \* on file

\*insert electronic signature, or send this first page via scanned .pdf or courier with live signature

**DPS Wellness Coordinator:** Kendra O'Neal-Williams; 919-560-3699

SNS Narrative	
Alliance Healthy Schools Program	
Did SNS complete the Alliance Healthy Schools Program 2014-15 assessments?	<input checked="" type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b>
Did SNS assist schools with the school meal section in applications for a Bronze, Silver or Gold award with Alliance? (circle intended award level)	<input checked="" type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b> <input checked="" type="checkbox"/> <b>Bronze</b> <input checked="" type="checkbox"/> <b>Silver</b> <input type="checkbox"/> <b>Gold</b>
Please list any barriers or requests for assistance needed with Alliance application: 1.	
3021.3 School Nutrition Operations	
Policy Requirement	CURRENTLY Compliant
A. SNS ensured that the National School Breakfast and Lunch program, any after-school snack programs, and the Summer Food Service for Children complied with applicable federal, state and local laws.	<input checked="" type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b>
B. SNS achieved the goals and timetables set out in Policy 3021.3.	<input checked="" type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b>
C. Provided minimally processed, whole, healthy foods, to the maximum extent possible.	<input checked="" type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b>
D. Made nutrition information on all meals served in the school lunch, breakfast, and after-school snack programs, readily available in the SNS office, school cafeteria, & on DPS website.	<input checked="" type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b>
E. Served fresh food in an appealing manner to the maximum extent feasible.	<input checked="" type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b>
F. No foods or beverages were advertised in areas accessible to students during meal times unless served to students by DPS consistent with Policy 3021.	<input checked="" type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b>
G. Increased participation in the federal CNS programs.	<input checked="" type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b>
H. Provided pre-service training to all food service personnel in food service operations on the district's nutrition and health missions.	<input checked="" type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b>
I. Promoted equal access to SNS services for all students.	<input checked="" type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b>
J. Achieved the requirements of Policy 3021 and R&P while maintaining budget neutrality to the maximum extent feasible.	<input checked="" type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b>
K. Payment methods for all students were uniform and confidential.	<input checked="" type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b>
L. Reduced waste and recycled to the maximum extent feasible.	<input checked="" type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b>

M. Explored the feasibility of composting.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
N. Solicited student and parent input in menu planning, such as surveys and taste tests at schools.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

<b>3021.4 Nutrition Guidelines for All Foods on Campus</b>	
Each school will be responsible for ensuring that food sales on campus comply with all applicable federal and state laws and regulations.	
Policy Requirement	CURRENTLY Compliant
<b>A. School Nutrition Services (SNS)</b>	
<b>(1) Beverages</b>	
a. Sugared or diet carbonated drinks not served.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
b. Only low-fat milk (flavored or unflavored), water, 100% juice with no added sweeteners (12 oz. maximum serving size) served.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
c. Water available to students in the cafeteria.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<b>(2) A la Carte Sales</b>	
a. All snacks served through the School Nutrition program, including vending machine items accessible to students during meal times, met all applicable state and federal laws and regulations.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
b. A la carte items provided by SNS contained no more than 35% of calories from total fat, no more than 10% of calories from saturated fat, no more than 35% of sugar by weight, and no added trans fats. Individual portions contained no more than 200 calories.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
c. Portion sizes were age-appropriate, and specified by cafeteria guidelines by level.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

<b>3021.5 Food Safety/Food Security</b>	
Policy Requirement	CURRENTLY Compliant
A. SNS oversaw compliance with Policy 3021.5 with respect to all food served in school cafeterias.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

<b>3021.6 Eating Environment</b>	
Policy Requirement	CURRENTLY Compliant
A. Students provided a minimum of 25 minutes to eat lunch, to the maximum extent feasible.	<input type="checkbox"/> Yes <input type="checkbox"/> No <input checked="" type="checkbox"/> N/A
B. In collaboration with school administrators, SNS will continue to explore and implement ways to minimize the time students spend waiting in line.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
C. Pleasant and sanitary eating areas available for students and staff, including overall school environment that encouraged students and staff to make healthy food choices.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
D. Dining areas included adequate space to seat all students through normal lunch period rotations.	<input type="checkbox"/> Yes <input type="checkbox"/> No <input checked="" type="checkbox"/> N/A

E. Lunch periods scheduled so that students didn't have to eat lunch unusually early or late and preferably so that they ate after periods of exercise, to the maximum extent feasible.	<input type="checkbox"/> Yes <input type="checkbox"/> No <input checked="" type="checkbox"/> N/A
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**If sNS completed additional elements, please list them here.**

Additional Element	List Action Steps <u>Taken</u> or Action Steps <u>Planned</u>
1. Elimination of flavored milk at breakfast	Effective January 1, 2014, only plain milk will be served at breakfast at all school sites. Effective July 1, 2015, no strawberry milk will be served at lunch.
2. Review feasibility to offer Universal Free Breakfast to all school sites	Universal Free Breakfast implemented SY2014-2015
3. Add kiosks to high school locations as funding allows	Kiosks added at Spring Valley Elementary. Principals would not agree to allow kiosks at High Schools
4. Eliminate fryers in all high schools	All fryers eliminated in all schools.
5. Implement breakfast in the classroom as requested	Implemented at Bethesda, Morehead, Lakewood, Eastway and W G Pearson Elementary. Also implemented at Eno Valley and Oak Grove.

**Non-Compliance BARRIERS**

Policy Section Number & Letter	Barrier
<b>EXAMPLE</b> Eating Environment 3021.6 D	<b>EXAMPLE</b> Dining Room is under construction but will be completed by the beginning of the 2014-15 school year
<b>A la carte Sales</b> 3021.4	<b>A la carte snacks are compliant. A la carte entrees cannot be compliant. No entrees are below 200 calories. The USDA guidelines and the guidelines for the Alliance for a Healthier Generation require entrees to be below 350 calories. We are compliant with these guidelines. The DPS guidelines are too restrictive.</b>