



All lunch meals include an entrée, vegetable, juice, choice of fresh or cupped fruit, bread and milk.

The Basic

This is the traditional school lunch daily menu.

February 2012

Student Vacation Day:
Friday, February 24

You choose...An entrée, two sides

(vegetable, garden salad, juice, assorted fresh and cupped fruit, bread) and milk.

\$2.35

February 1-3

Wed Fettuccini Alfredo w/Chicken, Broccoli Florets, Strawberry Cup, Breadstick

Thu Lasagna, Winter Mix Vegetables, Glazed Carrots, Apple Cobbler, Breadstick

Fri Catfish Strips, Potato Wedges, Black Eye Peas, Collard Greens, Chilled Peaches, Hush Puppies

February 6-10

Mon Ravioli, California Blend Vegetables, Corn Niblets, Chilled Pears, Breadstick

Tue Meatballs w/Gravy, Mashed Potatoes, Winter Mix Vegetables, Apple Cobbler, Wheat Roll

Wed Spicy Teriyaki Chicken w/Rice, Stir Fry Vegetables, Corn on the Cob, Chilled Mixed Fruit, Wheat Roll

Thu Macaroni & Cheese w/Turkey Ham, Steamed Carrots, Green Beans, Peach Cobbler, Wheat Roll

Fri Fish Filet with/without Bun, Herb Roasted Potatoes, Beans, Turnip Greens, Strawberry Cup, Hush Puppies

❖ Products Containing Pork

February 13-17

Mon NC BBQ, Coleslaw, Oven Baked Fries, Green Beans, Spiced Apples, Hushpuppies/Bun

Tue BBQ Rotisserie Chicken, Candied Sweet Potatoes, Turnip Greens, Applesauce, Wheat Roll

Wed Spaghetti with Meatballs or Marinara Sauce, Green Beans, Corn on the Cob, Peach Cobbler, Breadstick

Thu Turkey Pot Pie, Broccoli Florets, Black Eye Peas, Chilled Mixed Fruit, Wheat Roll

Fri Seafood Basket, Potato Wedges, Collard Greens, Chilled Pears, Hush Puppies

February 20-24 – Student Vacation on Friday

Mon Chicken Parmesan w/Spaghetti, Green Beans, Roasted Red Skin Potatoes, Strawberry Cup, Breadstick

Tue Salisbury Steak w/Gravy, Fluffy Rice, Winter Mix Vegetables, Chilled Peaches, Wheat Roll

Wed Baked Spaghetti, California Blend Vegetables, Corn on the Cob, Apple Cobbler, Breadstick

Thu Beef-a-roni, Corn Niblets, Broccoli Florets, Applesauce, Breadstick

February 27-29

Mon Oven Roasted Chicken, Turnip Greens, Pinto Beans, Herb Roasted Potatoes, Spiced Apples, Wheat Roll

Tue Meatloaf with Gravy, Mashed Potatoes, California Blend Vegetables, Peach Cobbler, Wheat Roll

Wed Sliced Turkey w/Gravy, Dressing, Green Beans, Candied Sweet Potatoes, Chilled Mixed Fruit, Wheat Roll

You choose...An entrée, two sides—(vegetable, garden salad, juice, assorted fresh and cupped fruit, bread) and milk.

\$2.35

The 
Grill

The 
Deli

The 
Mex

The **Veg**

DAILY OFFERINGS

Cheeseburgers
Chicken filet sandwiches

Daily offerings of "To Go"
chef salads or Lunch Box
To Go

Flour tortillas, Nacho chips,
Turkey Chili, Chicken Fajita,
Cheese Sauce, Salsa, Hot vegetable

Vegetarian Options
Yogurt, Vegetarian
Entrée Salad

Mondays

Cheese Sticks w/Marinara

Crispy Chicken Salad

See Daily Offerings

See Daily Offerings

Tuesdays

Chicken Nuggets

Deli Wrap

See Daily Offerings

See Daily Offerings

Wednesdays

Corn Dog Nuggets

Grilled Chicken Salad

See Daily Offerings

See Daily Offerings

Thursdays

Hot Dog w/Chili

Deli Wrap

See Daily Offerings

See Daily Offerings

Fridays

Cheese sticks w/Marinara

Crispy Chicken Salad

See Daily Offerings

See Daily Offerings

Additional a la carte items available