Durham Public Schools
High School Lunch Menu

The Basic
This is the traditional school lunch daily menu.

April 2013

You choose…An entrée, two sides
(vegetable, garden salad, juice, assorted fresh and cupped fruit bread) and milk. **$2.50**

Spring Break
April 1-5

2-Hour Early Release
Wednesday, April 24

April 1-5
1 M – Spring Break
2 T – Spring Break
3 W – Spring Break
4 Th – Spring Break
5 F – Spring Break

April 8-12
8 M – (WG) Baked Spaghetti, California Blend Vegetables, Corn on the Cob, Spiced Apples, Breadstick
9 T- Fettuccini Alfredo w/Chicken, Broccoli Florets, Chilled Pineapple, (WG) Wheat Roll
10 W - Macaroni & Cheese w/Turkey Ham, Steamed Carrots, Green Beans, Peach Cobbler, (WG) Wheat Roll
11 Th - Spicy Teriyaki Chicken w/Rice, Stir Fry Vegetables, Corn Niblets, Chilled Mixed Fruit, (WG) Wheat Roll
12 F - Fish Filet with or without (WG) Bun, Potato Wedges, Black Eye Peas, Collard Greens, Chilled Peaches, Hush Puppies

April 15-19
15 M – NC BBQ on (WG) Bun, Coleslaw, Sweet Potato Fries, Green Beans, Chilled Peaches
16 T - Rotisserie Chicken, Roasted Red Skin Potatoes, Pinto Beans, Turnip Greens, Applesauce, (WG) Wheat Roll
17 W - Beef-a-roni, Corn Niblets, Broccoli Florets, Applesauce, Breadstick
18 Th – Country Style Steak w/Gravy, Mashed Potatoes, Green Beans, Apple Cobbler, (WG) Wheat Roll
19 F - Seafood Basket (catfish, shrimp poppers, coleslaw), Potato Wedges, Collard Greens, Chilled Pears, Hush Puppies

April 22-26
22 M – Chicken Parmesan w/ (WG) Spaghetti, Green Beans, Candied Sweet Potatoes, Chilled Mixed Fruit, Breadstick
23 T – Country Style Steak w/Gravy, Fluffy Rice, Winter Mix Vegetables, Chilled Peaches, (WG) Wheat Roll
24 W – (V) (WG) Cheese or ❖ (WG) Pepperoni Pizza, Lunch Box to Go, Garden Salad, Assorted Juice and Fresh Fruit
25 Th - Baked (WG) Spaghetti, California Blend Vegetables, Corn on the Cob, Spiced Apples, Breadstick
26 F - Fish Filet with or without (WG) Bun, Potato Rounds, Vegetarian Beans, Spinach, Peach Cobbler

April 29 – May 3
29 M – Ravioli, California Blend Vegetables, Corn Niblets, Chilled Pears, Breadstick
30 T – Fettuccini Alfredo w/Chicken, Broccoli Florets, Chilled Mixed Fruit, Breadstick
1 W – Sliced Turkey w/Gravy, Dressing, Green Beans, Candied Sweet Potatoes, Apple Cobbler, (WG) Wheat Roll
2 Th – (WG) Spaghetti w/Meatballs, California Blend Vegetables, Corn on the Cob, Applesauce, Breadstick
3 F- Catfish Strips, Potato Wedges, Black Eye Peas, Collard Greens, Chilled Peaches, Hush Puppies

= North Carolina Farm to School
(V) = Vegetarian Option
❖ = Contains Pork
(WG) = Whole Grain

Note: Legumes (beans and peas) are complimentary with the meal and may be selected without counting as a vegetable choice.

You choose…An entrée, two sides – ***(vegetable, garden salad, juice, assorted fresh and cupped fruit bread) and milk.*** **$2.50**

	Monday	Tuesday	Wednesday	Thursday	Friday
Grille	(WG) Cheeseburger (WG) Hot Dog w/Chili Chicken Nuggets (V) (WG) Cheese or ❖Pepperoni Pizza	(WG) Cheeseburger (WG) Clux Delux Chicken Sandwich Deli Wrap	(WG) Cheeseburger (WG) Corn Dog Nuggets Chicken Nuggets (V) (WG) Cheese or ❖Pepperoni Pizza	(WG) Cheeseburger (WG) Clux Delux Chicken Sandwich Deli Wrap	(WG) Cheeseburger (WG) Cheese Sticks w/Marinara Chicken Nuggets (V) (WG) Cheese or ❖Pepperoni Pizza
Specialty Bar	Flour tortillas (WG) Nacho Chips Turkey Chili Chicken Fajita Black Beans Cheese Sauce Salsa Hot Vegetable	Flour tortillas (WG) Nacho Chips Turkey Chili Chicken Fajita Black Beans Cheese Sauce Salsa Hot Vegetable	Flour tortillas (WG) Nacho Chips Turkey Chili Chicken Fajita Black Beans Cheese Sauce Salsa Hot Vegetable	Flour tortillas (WG) Nacho Chips Turkey Chili Chicken Fajita Black Beans Cheese Sauce Salsa Hot Vegetable	Flour tortillas (WG) Nacho Chips Turkey Chili Chicken Fajita Black Beans Cheese Sauce Salsa Hot Vegetable
Available Daily	(WG) Lunch Box To Go, (V) Yogurt & (WG) Graham Crackers, Fresh Vegetable Bar (Romaine Lettuce, Spinach, Carrots, Tomatoes, Cucumbers, and Pickles)				

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